

Fit Tracker

Day	Weights	Run/Walk	Biking	Swimming	Yoga	CLASS	Other	Weight
25-Jun								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								
16								
17								
18								
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20								
21								
22								
23								
24								
25								
26								
27								
28								
29								
30								
31								

TOTAL								
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